



Walking for a job as well as for cancer clinic

By LUCY POSKITT
Health reporter

SHEFFIELD'S Wes Moule is no stranger to physically demanding work.

The 43-year-old reckons he's walked more than 12,000 kilometres over the past six years as a food dropper for Tasmanian Expeditions, carrying up to 40 kilograms of food at a time for clients hiking in the State's world heritage areas.

His job was made even harder when he was diagnosed with non-Hodgkin's lymphoma six years ago, a cancer that affects the lymphatic system.

"A lump came up on my neck, and they took a biopsy of it and it was shown to be a low-grade non-Hodgkin's lymphoma," he said.

"It progressively grew until last summer, when I was working in the wilderness and all of my lymph nodes started to swell up.

"They also found it had spread to 15 per cent of my bone marrow."

In June last year, he started an extensive program of chemotherapy, with six 21-day cycles of treatment until September.

By October, he was back at work pounding the tracks, and has clocked up around 520 kilometres already.

"I'm feeling good, I'm back and I'm fully loaded," he said.

By the end of the season in April, he expects to have trekked around 1200 kilometres, and will donate \$1 per kilometre to the Holman Clinic at the Launceston General

Hospital which supported him

through his treatment.

If you would like to support Wes on his Mission in Remission, donations are tax deductible, and cheques can be made payable to

The Northern W. P. Holman Clinic Trust, P.O. Box 1963 Launceston 7250.

Alternatively, you can visit Wes's page on the Tasmanian Expeditions website, www.tasmanianexpeditions.com.au.

All money raised will be used to make improvements to patient comfort at the Holman Clinic in Launceston.

● To mark World Cancer Day on Friday, February 4, the government's Health and Human Services department is hosting an event in Launceston's Civic Square to provide information on the range of services available to support those with cancer.

The event will be held between 11am and 1pm, and includes the Tasmanian Cancer Clinical Network, Cancer Council of Tasmania, David Collins Leukaemia Foundation, Leukaemia Foundation, CanTeen, Calvary Healthcare, as well as government services.

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WES MOULE on his cancer battle



Cancer patient Wes Moule, of Sheffield, is walking to raise funds for the Holman Clinic.